

# FIRST AID KIT

(As recommended by Sabita)

Antiseptic solution  
Antiseptic ointment  
Assorted packs of Burnshield dressing  
Cotton buds  
CPR mouthpiece  
Elastic bandages  
Eye pads  
Eye shields  
Gauze swabs  
Instant cold pack  
Latex gloves  
Micropore tape  
Non-adhesive burn dressing for open burns  
Rescue sheet  
Safety pins  
1 pair of Scissors  
Sterile eye irrigation solution  
Triangular bandages  
Tweezers  
No. 3 wound dressing  
No. 5 wound dressing  
BitSafe Burns tag  
Pair of Splints

A 5 litre container of water (minimum) should be kept with the First Aid kit for cooling the victim's burned area.

